

**Walk with Me Session - Recruitment Email**

**Subject Line: Let’s walk, talk and connect**

We are very excited to be running our first session of Walk with Me on <xxx >.

This is a new program designed to bring people together to walk and talk. It’s a great way to connect <in person/virtually> during these difficult times. Each session will focus on an interesting topic that we will choose at the end of each previous walk.

In this session, we will focus on <choose a topic from the [library](https://community.adf.org.au/implement/walk-with-me/) and add the link here>.

Before the walk, please spend some time <viewing, listening or reading the podcast/video/website> and come along prepared to share about what you liked, what you have been thinking about since you <read/listened/watched> the material and what you have learned.

Please join us at <location/zoom link on xx at xx >.

You are welcome to invite a friend or colleague to join us.

Please RSVP <to xx by xxx>.

Look forward to seeing you, let me know if you have any questions.